

# Pecyn Dogfennau



Mark James LLM, DPA, DCA  
Prif Weithredwr,  
Chief Executive,  
Neuadd y Sir, Caerfyrddin. SA31 1JP  
County Hall, Carmarthen. SA31 1JP

DYDD IAU 15<sup>FED</sup> O FEDI 2016

**AT: HOLL AELODAU'R PWYLLGORAU CRAFFU DIOGELU'R  
CYHOEDD A'R AMGYLCHEDD A GOFAL CYMDEITHASOL AC  
IECHYD**

YR WYF DRWY HYN YN EICH GALW I FYNYCHU CYD-  
GYFARFOD O'R **PWYLLGORAU CRAFFU DIOGELU'R  
CYHOEDD A'R AMGYLCHEDD A GOFAL CYMDEITHASOL AC  
IECHYD** SYDD I'W GYNNAL YN SIAMBR, NEUADD Y SIR,  
CAERFYRDDIN AM 10:00YB AR DDYDD LLUN 26<sup>AIN</sup> O FEDI  
2016, ER MWYN CYFLAWNI'R MATERION A AMLINELLIR AR YR  
AGENDA ATODEDIG.

*Mark James*

**PRIF WEITHREDWR**



**AILGYLCHWCH OS GWELWCH YN DDA**

Swyddog Democrataidd:	Martin S. Davies
Ffôn (Llinell Uniongyrchol):	01267 224059
Ffacs:	01267 224911
E-bost:	<a href="mailto:msd Davies@sirgar.gov.uk">msd Davies@sirgar.gov.uk</a>
Cyf:	AD016-001

# **PWYLLGOR CRAFFU DIOGELU'R CYHOEDD A'R AMGYLCHEDD 14 AELOD**

## **GRŴP PLAID CYMRU – 5 AELOD**

- |    |            |               |
|----|------------|---------------|
| 1. | Cynghorydd | A. Davies     |
| 2. | Cynghorydd | W.J. Lemon    |
| 3. | Cynghorydd | A.D.T. Speake |
| 4. | Cynghorydd | S.E. Thomas   |
| 5. | Cynghorydd | D.E. Williams |

## **GRŴP ANNIBYNNOL – 4 AELOD**

- |    |            |                             |
|----|------------|-----------------------------|
| 1. | Cynghorydd | D.B. Davies                 |
| 2. | Cynghorydd | J.A. Davies                 |
| 3. | Cynghorydd | I.J. Jackson (Is-Gadeirydd) |
| 4. | Cynghorydd | A. James                    |

## **GRŴP LLAFUR – 4 AELOD**

- |    |            |                         |
|----|------------|-------------------------|
| 1. | Cynghorydd | A.P. Cooper (Cadeirydd) |
| 2. | Cynghorydd | P.M. Edwards            |
| 3. | Cynghorydd | D.C. Evans              |
| 4. | Cynghorydd | W.G. Thomas             |

## **HEB GYSYLLTIAD PLEIDIOL – 1 AELOD**

- |    |            |              |
|----|------------|--------------|
| 1. | Cynghorydd | J.P. Jenkins |
|----|------------|--------------|

# **PWYLLGOR CRAFFU GOFAL CYMDEITHASOL AC IECHYD 14 AELOD**

## **GRŴP PLAID CYMRU – 5 AELOD**

- |    |            |                       |
|----|------------|-----------------------|
| 1. | Cynghorydd | T.T. Defis            |
| 2. | Cynghorydd | W.T. Evans            |
| 3. | Cynghorydd | D.J.R. Llewellyn      |
| 4. | Cynghorydd | G. Thomas (Cadeirydd) |
| 5. | Cynghorydd | J.S. Williams         |

## **GRŴP ANNIBYNNOL – 4 AELOD**

- |    |            |                           |
|----|------------|---------------------------|
| 1. | Cynghorydd | S.M. Allen (Is-Gadeirydd) |
| 2. | Cynghorydd | I.W. Davies               |
| 3. | Cynghorydd | E.G. Thomas               |
| 4. | Cynghorydd | H.I. Jones                |

## **GRŴP LLAFUR – 4 AELOD**

- |    |            |                |
|----|------------|----------------|
| 1. | Cynghorydd | K. Madge       |
| 2. | Cynghorydd | E. Morgan      |
| 3. | Cynghorydd | B.A.L. Roberts |
| 4. | Cynghorydd | J. Williams    |

## **POBL YN GYNTAF (SIR GAERFYRDDIN) – 1 AELOD**

- |    |            |             |
|----|------------|-------------|
| 1. | Cynghorydd | S.M. Caiach |
|----|------------|-------------|

# AGENDA

1. PENODI CADEIRYDD AR GYFER Y CYFARFOD
2. YMDDIHEURIADAU AM ABSENOLDEB
3. DATGANIADAU O FUDDIANNAU PERSONOL
4. DATGAN CHWIPIAID PLAID SYDD WEDI EU GWAHARDD
5. CWESTIYNAU GAN Y CYHOEDD (NID OEDD DIM WEDI DOD I LAW)
6. ADRODDIAD Y BWRDD CYNLLUNIO ARDAL YNGHYLCH STRATEGAETH A DATBLYGU CAMDDEFNYDDIO SYLWEDDAU AC ALCOHOL 2015/16 5 - 20
7. ADOLYGIAD GORCHWYL A GORFFEN O WASANAETHAU TRÎN CAMDDEFNYDDIO SYLWEDDAU GAN Y PWYLLGOR CRAFFU DIOGELU'R CYHOEDD A'R AMGYLCHEDD – MONITRO'R CYNLLUN GWEITHREDU 21 - 32

**PWYLLGOR CRAFFU AR Y CYD –  
DIOGELU'R CYHOEDD A'R AMGYLCHEDD A  
GOFAL CYMDEITHASOL AC IECHYD**

**26<sup>ain</sup> O FEDI 2016**

**Adroddiad y Bwrdd Cynllunio Ardal ynghylch  
Strategaeth a Datblygu Camddefnyddio  
Sylweddau ac Alcohol 2015/16**

**Ystyried y materion canlynol a chyflwyno sylwadau arnynt:**

- Bod y Pwyllgor yn ystyried adroddiad y Bwrdd Cynllunio Ardal ynghylch Strategaeth a Datblygu Camddefnyddio Sylweddau ac Alcohol yn 2015/16, ac yn cyflwyno sylwadau arno.

**Rhesymau:**

- Er mwyn sicrhau bod y Pwyllgor yn derbyn y wybodaeth diweddaraf ynghylch y trefniadau comisiynu presenol, y gwasanaethau camddefnyddio sylweddau a ddarperir, a phnciau allweddol sydd o ddiddordeb.
- Er mwyn i'r Pwyllgor gyflawni ei ddyletswyddau craffu.

**Angen cyfeirio'r mater at y Bwrdd Gweithredol er mwyn gwneud penderfyniad: NAC  
OES**

**Aelod y Bwrdd Gweithredol sy'n gyfrifol am y Portffolio:**

Cyng. Pam Palmer (Cymunedau, gan gynnwys Diogelwch Cymunedol. Cyfiawnder  
Cymdeithasol / Trosedd ac Anhrefn)

<p><b>Y Gyfarwyddiaeth:</b> Prif Weithredwr</p> <p><b>Enw Pennaeth y Gwasanaeth:</b> Wendy Walters</p> <p><b>Awdur yr adroddiad:</b> Joanna Dainton</p>	<p><b>Swyddi:</b></p> <p>Prif Weithredwr Cynorthwyol (Adfywio a Pholisi)</p> <p>Pennaeth Comisiynu a Datblygu Strategaeth Partneriaethol (Camddefnyddio Cyffuriau ac Alcohol), Bwrdd Iechyd Prifysgol Hywel Dda</p>	<p><b>Rhifau Ffôn / Cyfeiriadau E-bost:</b></p> <p>01267 224112 <a href="mailto:wswalters@sirgar.gov.uk">wswalters@sirgar.gov.uk</a></p>
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## EXECUTIVE SUMMARY

# JOINT ENVIRONMENTAL & PUBLIC PROTECTION AND SOCIAL CARE & HEALTH SCRUTINY COMMITTEE

26<sup>th</sup> SEPTEMBER 2016

## Area Planning Board report on Drug and Alcohol Misuse Strategy and Development 2015/16

This report covers a range of areas, serving to inform members and update them on current commissioning arrangements and the provision of substance misuse services.

The report provides information on the strategic objectives regarding the provision of such services, the funding arrangements and services/projects commissioned.

Information relating to current issues is also provided including local developments and confirmation of the governance and planning arrangements in place on a regional basis.

DETAILED REPORT ATTACHED?

YES

## IMPLICATIONS

I confirm that other than those implications which have been agreed with the appropriate Directors / Heads of Service and are referred to in detail below, there are no other implications associated with this report.

**Signed: Wendy Walters Assistant Chief Executive (Regeneration & Policy)**

Policy, Crime & Disorder and Equalities	Legal	Finance	ICT	Risk Management Issues	Staffing Implications	Physical Assets
YES	NONE	NONE	NONE	YES	NONE	NONE

**1. Policy and Crime & Disorder**

The Community Safety Partnership (CSP) is required to take the lead in addressing substance misuse locally and it works closely with partner agencies in the commissioning of services and ensuring work is undertaken in the areas of prevention, education, treatment and enforcement. The CSP is required to have a Commissioning Strategy to address drug and alcohol misuse.

**5. Risk Management**

Failure to effectively tackle substance misuse problems locally could result in an increase in the effect that such problems have on our residents and their quality of life.

## CONSULTATIONS

I confirm that the appropriate consultations have taken in place and the outcomes are as detailed below:

**Signed: Wendy Walters Assistant Chief Executive (Regeneration & Policy)**

1. Local Member(s) – N/A
2. Community / Town Council – N/A
3. Relevant Partners – The report was prepared by officers of the Hywel Dda Health Board on behalf of the Area Planning Board.
4. Staff Side Representatives and other Organisations – N/A



**Section 100D Local Government Act, 1972 – Access to Information  
List of Background Papers used in the preparation of this report:**

**THESE ARE DETAILED BELOW:**

Title of Document	File Ref No. / Locations that the papers are available for public inspection
Welsh Government's Substance Misuse Strategy for Wales "Working Together to Reduce Harm" 2008-18	<b>Cymraeg</b> <a href="http://wales.gov.uk/topics/housingandcommunity/safety/publications/strategy0818/?skip=1&amp;lang=cy">http://wales.gov.uk/topics/housingandcommunity/safety/publications/strategy0818/?skip=1&amp;lang=cy</a> <b>English</b> <a href="http://wales.gov.uk/topics/housingandcommunity/safety/publications/strategy0818/?lang=en">http://wales.gov.uk/topics/housingandcommunity/safety/publications/strategy0818/?lang=en</a>

Mae'r dudalen hon yn wag yn fwriadol

# **Dyfed Area Planning Board for Substance Misuse**

## **Report on progress 2015 – 2016**

### **1. Introduction**

Dyfed Area Planning Board is the partnership body responsible for supporting the planning, commissioning and performance management of substance misuse services.

Area Planning Boards (APBs) for Substance Misuse in Wales were created in April 2013, co-terminus with the new Local Health Board boundaries. The Dyfed Area Planning Board is a multi –agency partnership made up of the key organisations that have the statutory responsibility for tackling drug and alcohol misuse in the area. The statutory responsible authorities are Dyfed Powys Police, Ceredigion, Carmarthenshire and Pembrokeshire Local Authorities, Hywel Dda Local Health Board, Probation and Fire Service. In addition Public Health Wales, the Youth Offending Service and the Police and Crime Commissioner’s office are non statutory responsible authority members of the APB.

The Area Planning Board Executive has four main areas of responsibility in relation to the drug and alcohol misuse agenda:

- Strategic Direction, Progress and Delivery
- Governance, Scrutiny & Accountability
- Finance
- Performance.

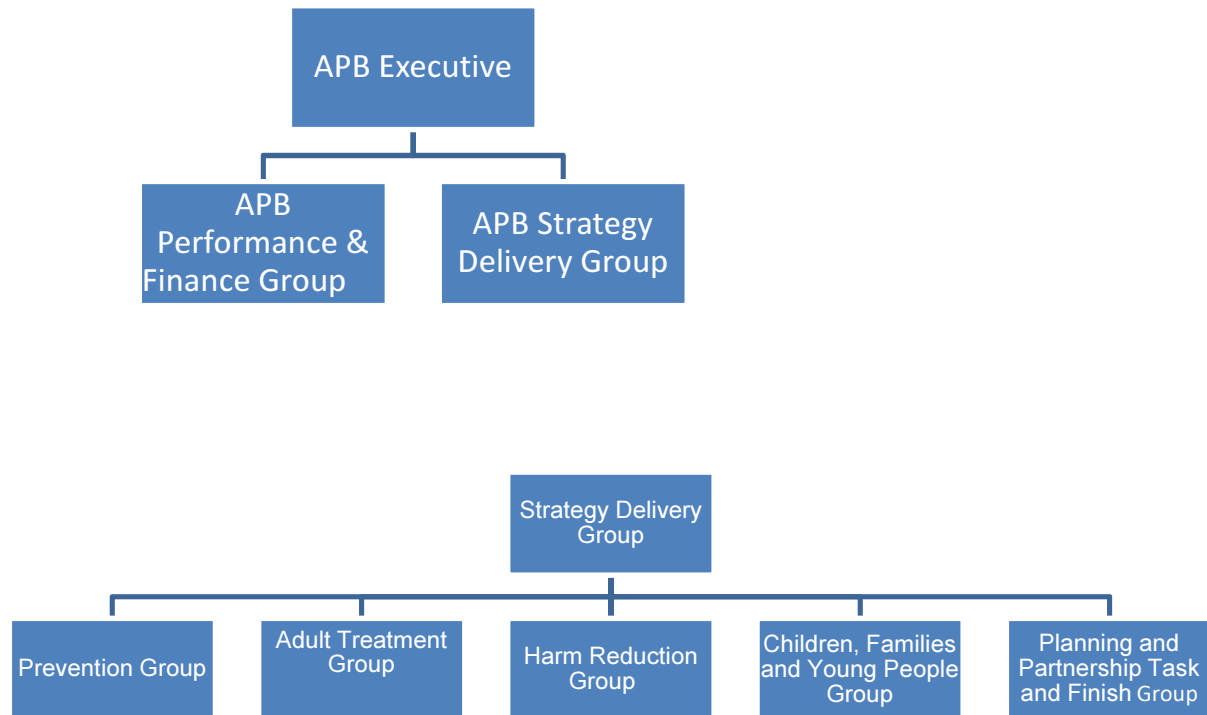
The strategy for tackling drug and alcohol misuse across the region is underpinned by the Welsh Government’s 10 year Strategy, “Working Together to Reduce Harm” and associated “Delivery plan for 2013 to 2016”.

The four priority areas covered in the national strategy and local delivery plans are:

- Preventing Harm
- Support for substance misusers to improve their health and maintain recovery
- Supporting and protecting families
- Tackling availability and protecting individuals and communities via enforcement activity.

## 2. APB STRUCTURE

The local Area Planning Board is structured around the priority areas of the Welsh Government Strategy and Delivery plan as follows:



### APB Delivery Groups

Each of the delivery groups is responsible for implementation of an action plan. Implementation is monitored by both the APB Executive and Welsh Government through quarterly dashboard submissions. The Dyfed APB 15 / 16 dashboard was on green for all required targets except one, which was assessed as amber.

## 3. Strategy Delivery

The following provides an overview of key achievements and progress made during 2015 / 16 in implementation of the Dyfed Strategy for tackling drug and alcohol misuse.

## Treatment

- **New single point of contact created** – In April 2015, following a formal tender process, Dyfed APB commissioned a new treatment service across Carmarthenshire, Pembrokeshire and Ceredigion – Dyfed Drug and Alcohol Service (DDAS). The service is jointly commissioned by Health, local authorities, National Probation Service and the Office of the Police and Crime Commissioner and created, for the first time, a single point of contact for both generic and criminal justice service users.
- In 15 /16, the service received 1,512 referrals across Dyfed, an average of 126 per month. The main referral source is self referral. 64% of referrals to DDAS are for alcohol, followed by Cannabis (11%) and Heroin (7%).
- **Dry Blood Spot Testing** – All counties are now completing dry blood spot testing. This service test patients for Blood Borne Viruses (BBV). This is a new service in Ceredigion and Pembrokeshire.
- **Training** – DDAS deliver two sessions per quarter in each county for professionals on drug and alcohol awareness. The sessions introduce the alcohol and drug screening tools that professionals can use to decide if there is a need to refer an individual to services. DDAS also provides specialist training in areas such as Steroid and Image Enhancing Drugs (SIEDs) and New Psychoactive Substances (NPS).
- **Bibliotherapy** – DDAS has designed and printed new bibliotherapy resource materials to give to service users to either work through alone as “homework” based tasks or to work through during sessions. Two different types have been developed, one for concerned others and one for those going through the change process.
- **Group Work** – A rolling four week psychosocial foundation group is delivered in Ammanford, Llanelli and Carmarthen. DDAS also deliver Mindfulness taster sessions and alcohol workshops.
- **Non structured interventions** – Coffee mornings, walking groups, arts and crafts are offered. DDAS has also begun to make links with local businesses and charities to create volunteering opportunities for those leaving treatment and wishing to gain employment.
- **Criminal Justice Services** – DDAS had 137 active clients at the end of Quarter 4 during 15 / 16. Of these, 45 evidenced a reduction in offending behaviour, 86 a reduction in drug and / or alcohol misuse, 14 evidenced a reduction in alcohol related offending and 31 a reduction in drug related offending.
- **Counselling Service** – DDAS provides a structured counselling service to clients with a drug / alcohol misuse issue but who may have more complex emotional issues and an assessed need for structured counselling interventions alongside substance misuse treatment. 362 referrals have been received to date.

- **Enhanced psychosocial / psychological interventions-** developed and implemented by the Community Drug and Alcohol Team
- **Three county pathway in place for access to Tier 4 Services** (In Patient Detoxification and Residential Rehab)

### **Harm Reduction**

- **Alcohol Liaison Service** – The Alcohol Liaison service is now in place across three of the four Health Board hospital sites – Prince Phillip and Glangwllli in Carmarthenshire and Bronglais in Ceredigion. Work is underway to create the same service in Withybush, Pembrokeshire
- **Fatal and Non Fatal Overdoses** – A Standard Operating Protocol and multi agency case review process has been established to review drug related deaths in the area in order to identify any key themes and actions required to reduce deaths.
- **Overdose awareness campaign** – DDAS has led on a multi agency awareness raising campaign.

### **Prevention**

- **Hywel DDA “Think Safe, Drink Safe” Alcohol Awareness Campaign took place** as part of this campaign Alcohol Brief Intervention training for Health and Social Care staff, CAMHS and Amman Gwendraeth and Llanelli primary care Lifestyle advocates was delivered
- **Alcohol Awareness workshops in Coleg Sir Gar and 3<sup>rd</sup> sector youth programmes** – Delivered by Iechyd Da, Drugaid and Communities First
- **Awareness / Education sessions around alcohol and tour of all the schools (Key Stage 4) and colleges from the Choices Bus** (in partnership with Iechyd Da Project)
- **Alcohol Awareness Sessions in Kickstart Club, Fit to Employ 1 & 2 and Coed Cae School** (delivered by Communities First).
- **Workplace/ parental / guardian family awareness raising sessions delivered**
- **Foster Carer Training**
- **247 delegates received Alcohol Brief Intervention Training in 27 sessions**
- **SIEDS (Steroid and Image Enhancing Drugs) education toolkit** developed by Choices
- **Love your Liver Roadshow.**

## Children, Young People and Families

- **Transitional Protocols between young people and adults** – Protocols are now in place to make sure there is uninterrupted treatment for those young people who need to transfer from young peoples services to adult services
- **A Specialist CAMHS Service** for young people who require specialist drug and alcohol treatment and consultant support continues to be provided
- **Concerned others service** – DDAS now offers 1:1 support for those concerned about someone else’s drug or alcohol use, providing emotional and practical support, work around boundary setting, self care and help with encouraging service users to attend mutual aid groups. The majority of concerned others seeking help are female. The majority are accessing help to support either a partner or a child.

## 4. PERFORMANCE

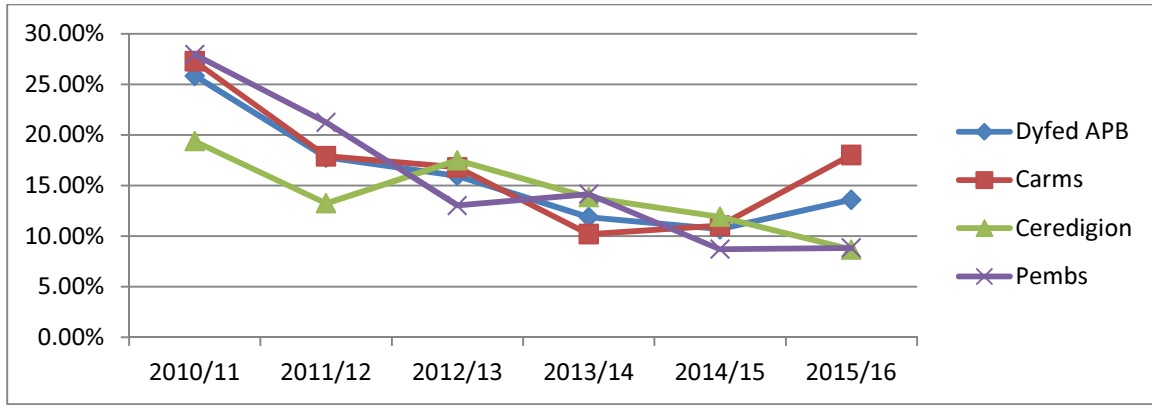
### **Substance Misuse Key Performance Indicators 2010 – 2016**

The Area Planning Board is responsible for reporting on a suite of Welsh Government Key Performance Indicators for drug and alcohol misuse. Performance is monitored via quarterly submissions to Welsh Government and at the All Wales APB Chairs’ meeting.

The following provides information on each of the KPIs.

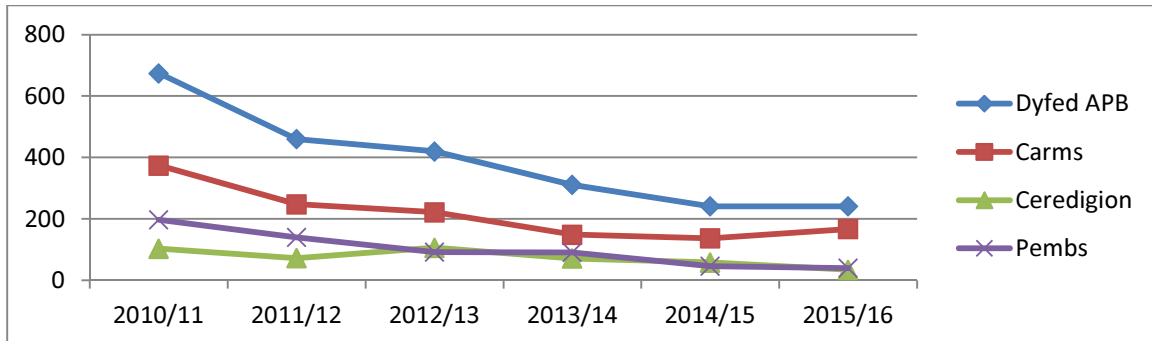
### **KPI 1 – DNAs (Did Not Attends) Post Assessment as a percentage of all closures (WG Benchmark <20%)**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	25.84%	17.77%	15.95%	11.88%	10.68%	13.6%
Carms	27.28%	17.89%	16.79%	10.19%	11.03%	18.02%
Ceredigion	19.36%	13.24%	17.49%	13.84%	11.91%	8.67%
Pembs	27.94%	21.24%	13.03%	14.15%	8.71%	8.83%



### **KPI 1 – DNAs Post Assessment Numbers**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	674	460	420	311	241	241
Carms	374	248	222	149	137	167
Ceredigion	103	72	106	71	58	34
Pembs	197	140	92	91	46	40



Following a Welsh Government review of the KPIs several years ago, it was decided that measuring DNA's for every referral did not reflect accurately the performance of services, as some referrals may be inappropriate. DNA's are now measured more accurately from initial assessment and engagement onwards, however for management information purposes DNAs between referral and assessment are still recorded.

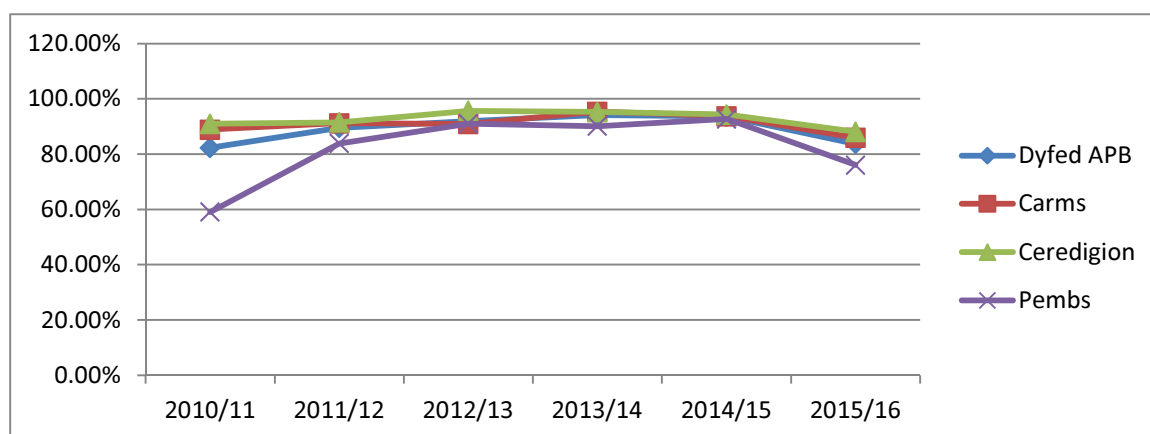
The slight increase of DNAs during 2015/16 was as a result of a whole new service being commissioned regionally and the resulting changes in staffing, new roles and training needs. This meant an initial issue with capacity to assertively outreach when appointments were not attended. This mainly affected Carmarthenshire and



Pembrokeshire where there was most staff turnover within the larger teams. These teams are now fully staffed.

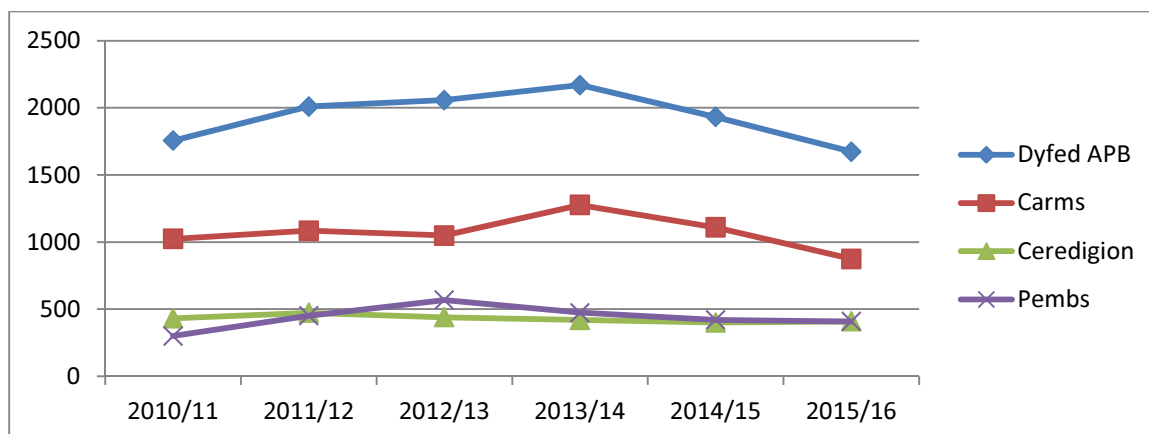
**KPI 2 – Treatment Starts within 20 Working Days from Referral as a percentage (WG Benchmark >80%)**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	82.25%	89.49%	91.91%	94.14%	93.65%	83.74%
Carms	88.89%	91.18%	90.90%	95.37%	93.75%	85.95%
Ceredigion	90.95%	91.49%	95.65%	95.23%	94.35%	88.04%
Pembs	59.06%	83.86%	91.03%	90.11%	92.73%	76.02%



**KPI 2 – Treatment Starts within 20 Working Days – Numbers**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	1756	2010	2057	2169	1932	1674
Carms	1024	1085	1049	1276	1110	875
Ceredigion	432	473	440	419	401	390
Pembs	300	452	568	474	421	409



The slight increase in waiting times during 2015/16 was as a result of a whole new service being commissioned regionally and the resulting changes in staffing, new roles and training needs. This meant an initial issue with capacity to assertively outreach when appointments were not attended. This mainly affected Carmarthenshire and Pembrokeshire where there was most staff turnover within the larger teams. These teams are now fully staffed.

Overall in Dyfed over 80% of patients received treatment within 20 days of referral during 2015 / 16, above the Welsh Government target.

**KPI 3 - Substance misuse is reduced for problematic substances between start and most recent review/exit TOP (WG Benchmark 74.72%)**

Locality	2015/16
Dyfed APB	81.15%

Over 81% of individuals receiving treatment during 2015 / 16 reduced their drug or alcohol use prior to treatment completion. This figure is well above the Welsh Benchmark of 74.72 %.

**KPI 4 - Quality of life is improved between start and most recent review/exit TOP (WG Benchmark 66.17%\* in 2015/16)**

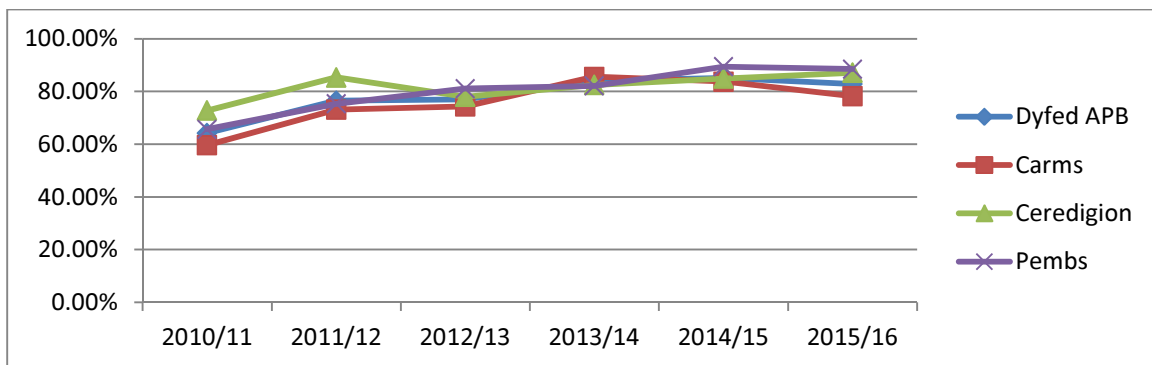
Locality	2015/16
Dyfed APB	69.95%

Almost 70% of individuals accessing treatment during 2015/16 reported their quality of life

had improved between start and most recent review/end of treatment. This figure is above the Welsh Government Benchmark of 66.17% during that year.

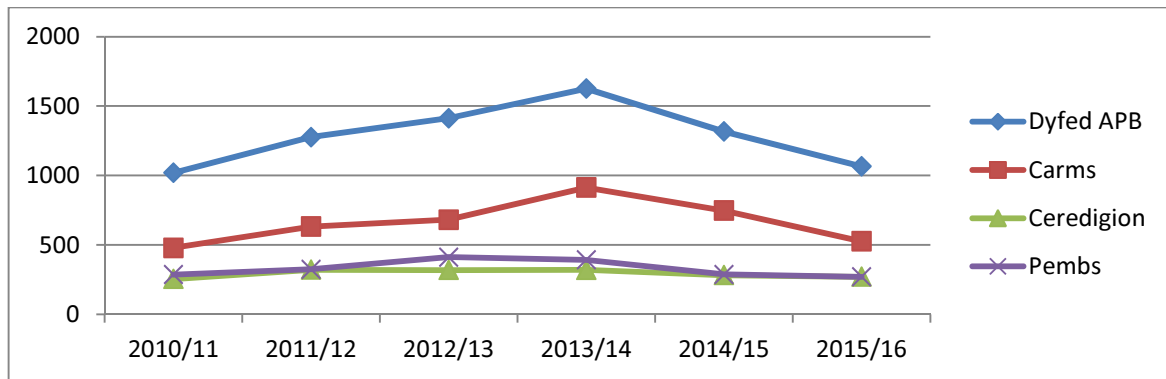
**KPI 5 - % of cases closed (with a treatment date) as treatment complete (positive closures) (WG Benchmark 71.77%\* in 2015/16)**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	64.19%	76.47%	77.04%	84.07%	85.19%	82.83%
Carms	59.65%	73.15%	74.37%	85.58%	83.74%	78.27%
Ceredigion	72.78%	85.37%	78.00%	82.47%	84.94%	87.10%
Pembs	65.68%	75.35%	81.10%	82.01%	89.44%	88.52%



**KPI 5 - Number of cases closed (with a treatment date) as treatment complete (positive closures) (WG Benchmark 71.77%\* in 2015/16)**

Locality	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16
Dyfed APB	1020	1277	1413	1626	1317	1066
Carms	479	632	682	914	747	526
Ceredigion	254	321	319	320	282	270
Pembs	287	324	412	392	288	270



Positive treatment closures have steadily increased as shown above with very small fluctuations and generally outperforming the Welsh National Benchmark of 71.77%.

## 5. Future Objectives:

Significant progress has been made during 2015 – 2016 in developing services and interventions to tackle drug and alcohol misuse.

The priorities for the 2016 to 2017 work programme include:

- Development of the third drug and alcohol misuse commissioning strategy
- Further development of Non Fatal Overdose Pathways
- Pathways and treatment for Alcohol Related Brain Damage
- Further development of Service User Involvement
- A continued focus on ensuring a co-ordinated approach to drug and alcohol misuse prevention and harm reduction messages to young people and adults.

# **PWYLLGOR CRAFFU AR Y CYD – DIOGELU'R CYHOEDD A'R AMGYLCHEDD A GOFAL CYMDEITHASOL AC IECHYD**

**26<sup>ain</sup> O FEDI 2016**

**Adolygiad gorchwyl a gorffen o Wasanaethau Trîn  
Camddefnyddio Sylweddau gan y Pwyllgor Craffu Diogelu'r  
Cyhoedd a'r Amgylchedd**

**Monitro'r Cynllun Gweithredu**

## **Ystyried y materion canlynol a chyflwyno sylwadau arnynt:**

- Ystyried y camau a gymerwyd mewn perthynas â'r argymhellion a gyflwynwyd gan Grŵp Gorchwyl a Gorffen y Pwyllgor Craffu yn dilyn yr adolygiad o wasanaethau trîn camddefnyddio sylweddau yn 2013/14, ac i gymeradwyo cwblhau'r cynllun gweithredu.

## **Rhesymau:**

- Lluniwyd yr holl argymhellion gan aelodau'r Grŵp Gorchwyl a Gorffen wedi iddynt ystyried y tystiolaeth a dderbyniwyd yn ystod yr adolygiad.
- Mae gan Bwyllgorau Craffu ran allweddol i'w chwarae mewn perthynas â monitro'r camau i roi'r argymhellion ar waith.

**Angen cyfeirio'r mater at y Bwrdd Gweithredol er mwyn gwneud penderfyniad: NAC  
OES**

## **Aelod y Bwrdd Gweithredol sy'n gyfrifol am y Portffolio:**

Cyng. Pam Palmer (Cymunedau, gan gynnwys Diogelwch Cymunedol. Cyfiawnder  
Cymdeithasol / Trosedd ac Anhrefn)

<b>Y Gyfarwyddiaeth:</b> Prif Weithredwr	<b>Swyddi:</b>	<b>Rhifau Ffôn / Cyfeiriadau E-bost:</b>
<b>Enw Pennaeth y Gwasanaeth:</b> Linda Rees-Jones	Pennaeth Gweinyddiaeth a'r Gyfraith	01267 224010 <a href="mailto:lrjones@sirgar.gov.uk">lrjones@sirgar.gov.uk</a>
<b>Awduron yr adroddiad:</b> Kate Thomas	Rheolydd Diogelwch Cymunedol	01267 224202 <a href="mailto:khthomas@sirgar.gov.uk">khthomas@sirgar.gov.uk</a>
Joanna Dainton	Pennaeth Comisiynu a Datblygu Strategaeth Partneriaethol (Camddefnyddio Cyffuriau ac Alcohol), Bwrdd Iechyd Prifysgol Hywel Dda	
Matthew Hughes	Swyddog Gwasanaethau Democrataidd	01267 224029 <a href="mailto:mahughes@sirgar.gov.uk">mahughes@sirgar.gov.uk</a>

## EXECUTIVE SUMMARY

# JOINT ENVIRONMENTAL & PUBLIC PROTECTION AND SOCIAL CARE & HEALTH SCRUTINY COMMITTEE

26<sup>th</sup> SEPTEMBER 2016

**Environmental & Public Protection Scrutiny Committee task and finish review of Substance Misuse Treatment Services**

### **Action Plan Monitoring**

#### **Review Background**

The Environmental & Public Protection Scrutiny Committee has a key role to play in monitoring services, development of key policies and strategies, as well as identifying areas for improvement or development. At its meeting on 27th February 2013, the Committee received a report on Commissioning of Substance Misuse Services in Carmarthenshire. Following consideration of this report, it unanimously resolved to undertake a task and finish review in relation to value for money in substance misuse services commissioned in the county.

#### **Objectives and Scope**

Following its first meeting, the Group's agreed that its main objective for the review would be to:

- Consider value for money and effectiveness of adult drug and alcohol treatment services and review work undertaken to prevent drug and alcohol abuse in the Carmarthenshire

#### **Approach**

A total of 6 meetings were held between June 2013 and January 2014 during which the Group considered evidence and information from a wide variety of sources and organisations. Each session was designed to provide the Group with the relevant information, context and background to the topic.

The Task and Finish Group consisted of Councillors Ivor Jackson (Chair), Ryan Bartlett, Daff Davies, Winston Lemon, Alan Speake, Bill Thomas, Emlyn Dole (Co-opted Member)

Following the commencement of the review, the Group received a request from the Social Care & Health Scrutiny Committee (from its meeting on the 21st June 2013) that Cllr. Emlyn Dole, as Chair of that Committee, be co-opted onto the Group. The Social Care & Health Scrutiny Committee suggested that this would ensure a health perspective on any issues discussed during the review. The Task & Finish Group approved the request prior to its second meeting on the 5th July 2013.

The Scrutiny & Consultancy Team provided research and general support to the Group. In addition, officers from the Chief Executive's and Social Care & Health Departments and the Hywel Dda Health Board provided specialist advice and support to the Group.

### **Final Report and Recommendations**

The Environmental & Public Protection Scrutiny Committee received and endorsed the Group's final report and the recommendations at its meeting on the 24th February 2014. The report was duly endorsed by the Executive Board at its meeting on the 31st March 2014.

Following every task and finish review, an action plan is developed in order to assist members of the relevant scrutiny committee in monitoring progress in relation to the implementation of the recommendations.

The attached implementation plan has been completed by the relevant officers in order to provide an update on progress to date in relation to this review.

<b>DETAILED REPORT ATTACHED?</b>	<b>YES</b>
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## IMPLICATIONS

<p><b>I confirm that other than those implications which have been agreed with the appropriate Directors / Heads of Service and are referred to in detail below, there are no other implications associated with this report.</b></p> <p><b>Signed:            Linda Rees Jones                            Head of Administration &amp; Law</b></p>						
Policy, Crime & Disorder and Equalities	Legal	Finance	ICT	Risk Management Issues	Staffing Implications	Physical Assets
<b>NONE</b>	<b>NONE</b>	<b>NONE</b>	<b>NONE</b>	<b>NONE</b>	<b>NONE</b>	<b>NONE</b>

## CONSULTATIONS

<p><b>I confirm that the appropriate consultations have taken in place and the outcomes are as detailed below:</b></p> <p><b>Signed:            Linda Rees Jones                            Head of Administration &amp; Law</b></p>	
<p><b>1. Local Member(s) – N/A</b></p> <p><b>2. Community / Town Council – N/A</b></p> <p><b>3. Relevant Partners –</b> Representatives from partner organisations gave evidence to the Task &amp; Finish Group during its review.</p> <p><b>4. Staff Side Representatives and other Organisations –</b> Officers from the Chief Executive’s, Social Care, Health &amp; Housing and Education &amp; Children departments, as well as the Hywel Dda Health Board, contributed to and supported the work of the Task &amp; Finish Group.</p>	
<p><b>Section 100D Local Government Act, 1972 – Access to Information</b>  <b>List of Background Papers used in the preparation of this report:</b></p> <p><b>THESE ARE DETAILED BELOW:</b></p>	
<p><b>Title of Document</b></p>	<p><b>File Ref No. / Locations that the papers are available for public inspection</b></p>
<p>Environmental &amp; Public Protection Scrutiny Committee Task and Finish Group Final Report 2013/14: Substance Misuse Treatment Services (Executive Board, 31st March 2014)</p>	<p><b>Report</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/EXEB20140331/index.asp">http://online.carmarthenshire.gov.uk/agendas/eng/EXEB20140331/index.asp</a></p> <p><b>Minutes</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/EXEB20140331/MINUTES.HTM">http://online.carmarthenshire.gov.uk/agendas/eng/EXEB20140331/MINUTES.HTM</a></p>

Title of Document	File Ref No. / Locations that the papers are available for public inspection
<p>Environmental &amp; Public Protection Scrutiny Committee Task and Finish Group Final Report 2013/14: Substance Misuse Treatment Services – E&amp;PP Scrutiny Committee (24th February 2014)</p>	<p><b>Report</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20140224/REP04.HTM">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20140224/REP04.HTM</a></p> <p><b>Minutes</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20140224/MINUTES.HTM">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20140224/MINUTES.HTM</a></p>
<p>Environmental &amp; Public Protection Scrutiny Committee Task and Finish Group Planning and Scoping Document – E&amp;PP Scrutiny Committee (13th September 2013)</p>	<p><b>Report</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130913/REP09.HTM">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130913/REP09.HTM</a></p> <p><b>Minutes</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130913/MINUTES.HTM">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130913/MINUTES.HTM</a></p>
<p>Commissioning of Substance Misuse Services in Carmarthenshire – E&amp;PP Scrutiny Committee (27th February 2013)</p>	<p><b>Report</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130227/index.asp">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130227/index.asp</a></p> <p><b>Minutes</b>  <a href="http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130227/index.asp">http://online.carmarthenshire.gov.uk/agendas/eng/ENMT20130227/index.asp</a></p>

**Environmental & Public Protection Scrutiny Committee  
Task & Finish Group 2013/14  
Review of Substance Misuse Treatment Services**

**Implementation Plan**

<b>No.</b>	<b>Recommendation</b>	<b>Progress</b>	<b>Responsible Officer(s)</b>	<b>Status</b>
1.	That the Environmental & Public Protection Scrutiny Committee continues to monitor the work of the Area Planning Board through its annual Substance Misuse Commissioning report.	The Area Planning Board's Drug & Alcohol Misuse Strategy Annual Report is now included on the Committee's work programme on an annual basis.	Kate Thomas / Joanna Dainton / Matthew Hughes	Complete
2.	That the Area Planning Board (APB), in conjunction with providers, reviews the frequency of visits to schools to ensure the constant and adequate level of provision across all the County's schools.	<p>The All Wales School Liaison Programme, delivered by the Police, provides consistent input into schools on drug and alcohol education. Drugaid Young Persons Service, commissioned in 2013, now complements this provision and provides additional workshops based on identified need. Both programmes report into the APB Prevention Group, chaired by Public Health Wales. The APB Prevention Group's remit is to ensure a co-ordinated approach to prevention activities for young people and adults.</p> <p>This is now core business for the APB.</p>	Kate Thomas / Joanna Dainton	Complete

No.	Recommendation	Progress	Responsible Officer(s)	Status
3.	That the Area Planning Board, in conjunction with providers, ensures that the delivery of preventative work is consistent and in line with evidence and best practice.	Commissioned new three county Young Persons' Service, delivered by Drugaid Choices, to lead on ensuring equity of prevention activities across the three counties. This has been in place from October 2013.	Kate Thomas / Joanna Dainton	Complete
4.	That the Area Planning Board considers how to more robustly assess the impact of prevention work being undertaken in the County's schools.	Welsh Government issued a new Delivery Plan for substance misuse in September 2016. The plan includes population health outcome measures intended to be measured over time to demonstrate the more long term outcomes and impact of work to tackle drug and alcohol misuse. Similarly, the APB action plans now have population outcomes associated with them.	Kate Thomas / Joanna Dainton	Complete

No.	Recommendation	Progress	Responsible Officer(s)	Status
5.	That the Local Authority's Social Care Substance Misuse Team considers conducting a TIC review of its work.	<p>The local authority undertook a pilot between the Substance Misuse Team and the Integrated Family Support Team with one worker working across teams. This was evaluated in September 2015 and has resulted in closer working arrangements between the teams. Further proposals will be developed this year.</p> <p>The Local Authority has reviewed the structure within its Adult Service Division, including the Substance Misuse Service, to ensure the structure will meet the statutory duties of the Social Care and Wellbeing Act. This included consideration of a TIC approach.</p> <p>A management restructure has now taken place and policies and procedures have been reviewed to ensure compliance with the Social Services &amp; Well-being Act. As part of this review, it was determined that the substance misuse team are operating efficiently and changes were not required.</p> <p>The substance misuse team has seen a significant increase in referrals in 2015-16 following a change to the third sector service provider.</p>	Kelvin Barlow	Complete

No.	Recommendation	Progress	Responsible Officer(s)	Status
6.	That a consistent approach on promoting how to access services is maintained across the county.	A re-commissioning exercise was undertaken for all third sector drug and alcohol services during 2014. The contract was awarded to a Drugaid led consortium in February 2015 and the DDAS service commenced in April 2015. The service provides a single point of contact across the three counties of Ceredigion, Carmarthenshire and Pembrokeshire. The service also has one single telephone number. For the first time, there is now one single integrated service for both generic and criminal justice provision. Promotion of the service amongst key stakeholders is on-going.	Kate Thomas / Joanna Dainton	Complete

No.	Recommendation	Progress	Responsible Officer(s)	Status
7.	That the County Council's Executive Board Members, with responsibility for substance misuse and health and social care, visit treatment service providers and report back to the Environmental & Public Protection Scrutiny Committee on a regular basis.	<p>Members are aware that Councillors Palmer and Tremlett visited Tier 2 services – Turning Point and PRISM – in the summer of 2014 and the Drugaid Choices Service for young people and Tier 3 Community Drug and Alcohol Team in May 2015. Both members have attended a number of contract monitoring meetings with Chooselife.</p> <p>A visit took place on 29<sup>th</sup> July 2016 to the drug and alcohol service, DDAS which replaced the services offered by Turning Point and PRISM. The visit considered the generic and criminal justice services provided across the county and Hywel Dda area. This was attended by Cllrs Pam Palmer and Jane Tremlett and Dafydd Llywelyn, the PCC. The recovery bus was visited and a range of areas discussed including treatment and recovery services provided, links with arrest referral and testing on arrest, extending opening hours and achievements to date. The informative discussion was followed by attendance at a service user group.</p>	Kate Thomas / Joanna Dainton	Complete

No.	Recommendation	Progress	Responsible Officer(s)	Status
8.	That Public Health Wales be requested to progress with its research to quantify the benefits of current substance misuse treatment provision as a matter of urgency, in order that this data be used to inform the development of future services.	Liaison with Public Health Wales taken place. This action is being led by Welsh Government. A national Board has been established to review available data and gaps and this has been incorporated within the Welsh Government's new Delivery Plan.	Kate Thomas / Joanna Dainton	Complete  (Welsh Government to progress)
9.	That current treatment service arrangements are maintained but that more work is done by developing a consistent outcome monitoring tool in order to better demonstrate the effectiveness/value for money of less structured treatment services.	<p>The re-commissioning of all third sector services mean that there will be a single outcome measure used by the new service. Drugaid will use both the TOP (Treatment Outcome Profile) and the 'Outcome Rating Scale' and 'Session Rating Scale' outcome tools as well as service user surveys.</p> <p>Outcome measurements are part of the Welsh Government National Drug and Alcohol Misuse Database and are reported on by services.</p> <p>Welsh Government has also piloted a Young Persons Outcome Tool. The pilot is in the process of being reviewed and it is hoped the new tool will become operational across providers in 2017.</p>	Kate Thomas / Joanna Dainton	Complete